

Join us for the San Diego Preeclampsia Awareness Walk!

What is preeclampsia?

Preeclampsia, formerly known as toxemia, is a disorder that occurs only during pregnancy and the postpartum period and affects both the mother and the unborn baby. Preeclampsia occurs as often as breast cancer. Preeclampsia and other hypertensive disorders of pregnancy are a leading global cause of maternal and fetal illness and death.

By conservative estimates, these disorders are responsible for 76,000 maternal deaths each year. Affecting at least 5-8% of all pregnancies, it is a rapidly progressive condition characterized by high blood pressure and the presence of protein in the urine. Additional signs and symptoms may include swelling in the hands, feet, or face; sudden weight gain; nausea or upper abdominal pain; headaches; and/or changes in vision; however, some women with rapidly advancing disease report few symptoms.

Walk for just the registration fee or...

Collect pledges and earn prizes. The more pledges you collect, the more prizes you earn. Each pledge collector is eligible to earn the prizes on the incentive list. Register on-line and use our **Walk with Me** feature to invite friends and family to pledge your walk or to join you. The walk with me email will be sent to you with your confirmation receipt after on-line registration is completed.

Form a team with your family and friends and compete against other teams to raise the most pledges. **Register on-line at www.preeclampsia.org** and use our **Walk with Me** feature to email friends and family to join your team or donate to your team page.

Help out at the event. Call or email your coordinator.

Preeclampsia Awareness Walks are occurring all over the country. By participating, you are truly joining in a nationwide effort!

Join us at Crown Point Shores!

Registration will start at 8:30 a.m., and we'll kick off the walk at 9:30 a.m. Look for our registration table near the concession area. Join us for a leisurely walk at Crown Point Shores on a paved route. Register early to get a T-shirt. T-shirts will be available until we run out.



P R E E C L A M P S I A
foundation
Preeclampsia Awareness Walk
Becky Sloan
4263 Taos Dr.
San Diego, CA 92117



Saturday May 09, 2009 9:30 a.m.

Distance: 3K

Crown Point Shores
3700 Corona Oriente Road
San Diego, CA 92109

<http://www.preeclampsia.org>

All proceeds support the Preeclampsia Foundation – a non-profit organization dedicated to funding research, raising public awareness, and providing support and education for those whose lives have been touched by preeclampsia and other hypertensive disorders of pregnancy.

