



May is Preeclampsia Awareness Month

High blood pressure can happen in any pregnancy or the postpartum period. It is a leading cause of maternal and infant illness and death worldwide.

Join with the Preeclampsia Foundation this May to help educate, empower, and inspire women to take charge of their pregnancy health and participate in research.

Our campaign is simple: choose and post a different tweet each day in May! Or tweet out your own story using #MyPreeclampsiaStory.

Hashtags: #PreeclampsiaAwarenessMonth #Preeclampsia #PreAM23
#MoveResearchForward #MyPreeclampsiaStory

Campaign URL: www.preeclampsia.org/AwarenessMonth

Use #PreeclampsiaAwarenessMonth to tweet once a day	
Mon, Apr 24	<p>Just one week until May as Preeclampsia Awareness Month! Learn more at www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p> <p>Are you the face of @preeclampsia? Share your #MyPreeclampsiaStory this May to raise awareness and educate others. #PreeclampsiaAwarenessMonth</p>
Tues, Apr 25	<p>Learn about #preeclampsia signs and symptoms, heart disease, research, and emotional recovery at www.preeclampsia.org #PreeclampsiaAwarenessMonth</p> <p>Together, we can find a cause and a cure for preeclampsia. Learn more throughout May with @preeclampsia. #PreeclampsiaAwarenessMonth #MoveResearchForward</p>

<p>Wed, Apr 26</p>	<p>Help save the lives of moms and babies: partner with @preeclampsia during May at www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p> <p>76,000 mothers and 500,000 babies die each year worldwide because of #preeclampsia. We can do more: www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p>
<p>Thurs, Apr 27</p>	<p>The Preeclampsia Registry is the only patient registry to focus solely on hypertensive disorders of pregnancy like #preeclampsia #eclampsia #HELLPsyndrome #gestationalthypertension http://bit.ly/1bAA8jp #PreeclampsiaAwarenessMonth</p> <p>We've known about #preeclampsia for over 2,000 years. Now, join us and our partners @preeclampsia to do something about it to #moveresearchforward #PreeclampsiaAwarenessMonth</p>
<p>Fri, Apr 28</p>	<p>Just two more days! Join @preeclampsia starting Monday for National Preeclampsia Awareness Month activities. #PreeclampsiaAwarenessMonth</p> <p>Toxemia and pregnancy-induced hypertension (PIH) are older names for a disorder now referred to as #preeclampsia. #PreeclampsiaAwarenessMonth</p>
<p>Sat, Apr 29</p>	<p>Preeclampsia is on the rise in the US & is a leading cause of maternal & infant illness & death. Learn more at www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p> <p>Common #preeclampsia symptoms: severe headache, swelling in hands or face, visual disturbances, extreme shortness of breath, upper abdomen pain #PreeclampsiaAwarenessMonth</p>
<p>Sun, Apr 30</p>	<p>Beginning tomorrow check out tools and resources to spread the word @preeclampsia. #PreeclampsiaAwarenessMonth</p> <p>Help spread the word about #preeclampsia #maternalhealth! Look for tweets with #PreeclampsiaAwarenessMonth in May</p>
<p>Week 1</p>	<p>Preeclampsia Signs & Symptoms</p>

<p>Mon, May 1</p>	<p>May is National Preeclampsia Awareness Month – high blood pressure can happen in #AnyPregnancy. Learn more at www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p> <p>African American and Black women are at increased risk for #preeclampsia. We can do better. Learn more www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p>
<p>Tues, May 2</p>	<p>Do you know the signs and symptoms of preeclampsia? Learn more at www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p> <p>I'm joining the team at @preeclampsia to promote Preeclampsia Awareness Month. Look for tweets with #PreeclampsiaAwarenessMonth & #preeclampsia</p>
<p>Wed, May 3</p>	<p>Heard of #preeclampsia – it is a life-threatening disorder of pregnancy related to high blood pressure. Learn more from our partners @preeclampsia #PreeclampsiaAwarenessMonth</p> <p>7 Symptoms Every Pregnant Woman Should Know: http://youtu.be/P9GxHQzwIzk #PreeclampsiaAwarenessMonth</p> <p>Rate of preeclampsia is rising in the US. Know your risk factors and who might benefit from aspirin: https://preeclampsia.org/aspirin #PreeclampsiaAwarenessMonth</p>
<p>Thurs, May 4</p>	<p>Need a way to share awareness about #preeclampsia? Grab @preeclampsia social media graphics and help spread the word: preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p> <p>Headaches during pregnancy could be a serious symptom of high blood pressure. Learn more at www.preeclampsia.org #PreeclampsiaAwarenessMonth</p>
<p>Fri, May 5</p>	<p>Amplifying African American & Black women's voices and pregnancy experiences must be a part of solving the #maternalmortality crisis in the US. #BlackMomsMatter #PreeclampsiaAwarenessMonth</p> <p>Maternal healthcare provider? Get @preeclampsia patient education materials: www.preeclampsia.org/store #PreeclampsiaAwarenessMonth</p>
<p>Sat, May 6</p>	<p>Monitor your blood pressure regularly during pregnancy: www.preeclampsia.org/blood-pressure #PreeclampsiaAwarenessMonth</p>

	<p>The Preeclampsia Foundation (@preeclampsia) is the largest patient advocacy org in the US serving the 5-8% of pregnant women with hypertensive disorders. Join their work this month! #PreeclampsiaAwarenessMonth</p>
Sun, May 7	<p>Blood pressure should be monitored carefully during pregnancy at each prenatal appointment. Have questions? Ask your healthcare provider what your numbers are and remember to #CheckKnowShare #PreeclampsiaAwarenessMonth</p> <p>#HappyMothersDay! Tweet @preeclampsia how you are honoring the memory of mothers who are no longer with us. #PreeclampsiaAwarenessMonth</p>
Week 2	<p>Understanding and Advocating for Good Preeclampsia Care & Diagnosis</p>
Mon, May 8	<p>Are you the #FaceOfPreeclampsia? Tell your story at www.preeclampsia.org/our-stories #PreeclampsiaAwarenessMonth</p> <p>Research shows 60% of preeclampsia-related maternal deaths are preventable with proper diagnosis and management. Knowledge saves lives. http://bit.ly/1akYRMD #PreeclampsiaAwarenessMonth</p>
Tues, May 9	<p>Join our pledge of solidarity for moms everywhere! www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p> <p>Are you an African American or Hispanic woman who has experienced #preeclampsia? Participate in The Preeclampsia Registry www.preeclamsiaregistry.org Research saves lives! #PreeclampsiaAwarenessMonth</p>
Wed, May 10	<p>This week is #BloodPressureAwarenessWeek – an important time to remember that blood pressure during pregnancy can impact your future health. Learn more at www.preeclampsia.org/blood-pressure #PreeclampsiaAwarenessMonth</p> <p>The Preeclampsia Registry aids and accelerates preeclampsia research through patient participation. http://preeclamsiaregistry.org #PreeclampsiaAwarenessMonth</p>

<p>Thurs, May 11</p>	<p>Thank you to the nurses who make a difference each and every day to #preeclampsia patients! #PreeclampsiaAwarenessMonth #InternationalNursesDay</p> <p>#preeclampsia can happen to any woman, any pregnancy. Make sure to attend all your prenatal checkups and monitor your #BloodPressure #PreeclampsiaAwarenessMonth</p>
<p>Fri, May 12</p>	<p>Did you know it's a myth that delivery is the cure for @preeclampsia? Preeclampsia can happen up to 6 weeks postpartum: http://www.stillatrisk.org #PreeclampsiaAwarenessMonth</p> <p>Share @preeclampsia resources with friends and healthcare providers: http://bit.ly/1ixNbHz #PreeclampsiaAwarenessMonth</p>
<p>Sat, May 13</p>	<p>Nausea and vomiting are not normal later in pregnancy; here are 7 Symptoms Every Woman Should Know http://youtu.be/P9GxHQzwIzk #preeclampsia #PreeclampsiaAwarenessMonth</p> <p>Know your body. If it does not feel right during pregnancy, call your provider. It could be #preeclampsia. #PreeclampsiaAwarenessMonth</p>
<p>Sun, May 14</p>	<p>Postpartum #preeclampsia is often missed; knowing signs and symptoms after the baby is born is just as important. #PreeclampsiaAwarenessMonth</p> <p>Help us spread the word about Preeclampsia Awareness Month! Delivery is not the cure: www.stillatrisk.org #PreeclampsiaAwarenessMonth</p>
<p>Week 3</p>	<p>Postpartum Preeclampsia – still at risk</p>
<p>Mon, May 15</p>	<p>Did you have postpartum preeclampsia? Share your experience w/@preeclampsia and other survivors: www.preeclampsia.org/our-stories #PreeclampsiaAwarenessMonth</p> <p>Postpartum depression and anxiety following preeclampsia can be treated. Get the help you need to recover: www.preeclampsia.org/get-support #PreeclampsiaAwarenessMonth</p>
<p>Tues, May 16</p>	<p>I help to save the lives of pregnant women and their babies by joining with @preeclampsia #PreeclampsiaAwarenessMonth #preeclampsia</p> <p>#Preeclampsia: know the symptoms; trust yourself: http://bit.ly/HqAGIg #PreeclampsiaAwarenessMonth</p>

<p>Wed, May 17</p>	<p>#PreeclampsiaAwarenessMonth represents HELLP syndrome survivors too! Learn more about this serious condition: http://bit.ly/1HkiMIO</p> <p>Get help with healing after experiencing #preeclampsia at www.preeclampsia.org #PreeclampsiaAwarenessMonth</p>
<p>Thurs, May 18</p>	<p>Know the signs and symptoms of preeclampsia: http://www.preeclampsia.org/health-information/sign-symptoms #PreeclampsiaAwarenessMonth</p> <p>Talk to your doctor postpartum about how you are feeling - physically and emotionally. #PreeclampsiaAwarenessMonth</p>
<p>Fri, May 19</p>	<p>Can preeclampsia awareness save a life? We know it can! http://bit.ly/1E5GHe3 Watch and share this video. #PreeclampsiaAwarenessMonth</p> <p>Preeclampsia can occur during and right after pregnancy and affects both mother and baby. #PreeclampsiaAwarenessMonth</p>
<p>Sat, May 20</p>	<p>Preeclampsia patients should continue to monitor their blood pressure during the postpartum period: www.stillatrisk.org #PreeclampsiaAwarenessMonth</p> <p>Connect with the @Preeclampsia Foundation for information and support. #PreeclampsiaAwarenessMonth</p>
<p>Sun, May 21</p>	<p>It's normal to feel sad, anxious, or angry after experiencing #preeclampsia. Get the support you need. #PreeclampsiaAwarenessMonth</p> <p>Save the date – tomorrow is #WorldPreeclampsiaDay. Learn more at www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p>
<p>Week 4</p>	<p>Make the Link Between Preeclampsia and Long-Term Health</p>
<p>Mon, May 22</p>	<p>Today is #WorldPreeclampsiaDay – let's raise awareness of its global impact! 76,000 moms & 500,000 babies are lost each year to #preeclampsia – it's our goal to one day make that zero.</p> <p>Women who have experienced #preeclampsia are more likely to develop heart disease within 5-15 years after. #PreeclampsiaAwarenessMonth</p>

<p>Tues, May 23</p>	<p>Make the link between preeclampsia and heart disease: http://bit.ly/1TW3YXE #PreeclampsiaAwarenessMonth</p> <p>If you have had #preeclampsia, tell your doctor you have this risk factor for heart disease. #PreeclampsiaAwarenessMonth</p>
<p>Wed, May 24</p>	<p>Women who had severe #preeclampsia, delivered pre-term, or had low-birthweight babies are at higher risk of heart disease & stroke. #PreeclampsiaAwarenessMonth</p> <p>Preeclampsia survivors are at higher risk for future stroke and heart disease: http://bit.ly/1FgXMTy. #PreeclampsiaAwarenessMonth</p>
<p>Thurs, May 25</p>	<p>Whether or not to try again after #preeclampsia is a big decision. Luckily, there is support: www.preeclampsia.org/get-support #PreeclampsiaAwarenessMonth</p> <p>Preeclampsia has risks #BeyondPregnancy – that’s why you can take the first step with @preeclampsia My Health Beyond Pregnancy tool: www.preeclampsia.org/BeyondPregnancy #PreeclampsiaAwarenessMonth</p>
<p>Fri, May 26</p>	<p>Did you know #preeclampsia can lead to heart disease & stroke later in life? #PreeclampsiaAwarenessMonth</p> <p>Reduce your risk for developing heart disease after #preeclampsia: http://bit.ly/1TW3YXE #PreeclampsiaAwarenessMonth</p>
<p>Sat, May 27</p>	<p>#preeclampsia doubles the risk for stroke. Know your risk and talk with your provider. #PreeclampsiaAwarenessMonth</p> <p>2 out of 3 women who experienced #preeclampsia will die from heart disease or stroke. Take heart, do your part to stay healthy. #PreeclampsiaAwarenessMonth</p>
<p>Sun, May 28</p>	<p>Be sure you are educated about #preeclampsia Learn more at: www.preeclampsia.org/AwarenessMonth #PreeclampsiaAwarenessMonth</p> <p>Get involved with @preeclampsia @PromiseWalks: Make strides, deliver hope for preeclampsia patients! #PreeclampsiaAwarenessMonth</p>
<p>Week 5</p>	<p>Take Action And Keep the Education Happening!</p>

<p>Mon, May 29</p>	<p>Preeclampsia affects long-term brain & heart health. #PreeclampsiaAwarenessMonth</p> <p>Women with preeclampsia are at double the risk for heart complications 5-15 years postpartum. #PreeclampsiaAwarenessMonth</p>
<p>Tues, May 30</p>	<p>Knowing the signs & symptoms of @preeclampsia can help you seek appropriate care faster: https://youtu.be/P9GxHQzwIzk #PreeclampsiaAwarenessMonth</p> <p>Remember - #preeclampsia can happen to any woman, any pregnancy. Be educated. #PreeclampsiaAwarenessMonth</p>
<p>Wed, May 31</p>	<p>Final day of Preeclampsia Awareness Month, but the awareness continues! Like @preeclampsia on Facebook http://on.fb.me/1c8PlgW #PreeclampsiaAwarenessMonth</p> <p>Thank you to all partners in Preeclampsia Awareness Month. Together we save lives! #PreeclampsiaAwarenessMonth</p>